

# 3,3-Diphenylpentane skeleton as a steroid skeleton substitute: Novel inhibitors of human $5\alpha$ -reductase 1

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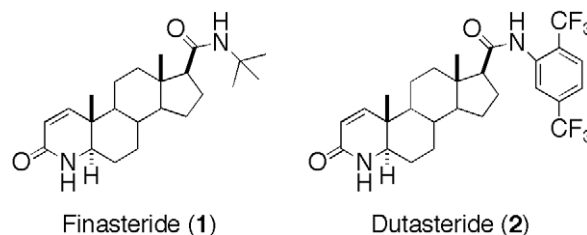
**Abstract**—We designed and synthesized novel type 1  $5\alpha$ -reductase inhibitors by using 3,3-diphenylpentane skeleton as a substitute for the usual steroid skeleton. 4-(3-(4-(*N*-Methylacetamido)phenyl)pentan-3-yl)phenyl dibenzylcarbamate (**11k**) is a competitive  $5\alpha$ -reductase inhibitor with the  $IC_{50}$  value of 0.84  $\mu$ M.

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Steroid hormones regulate a wide range of physiological processes, including reproduction, development, and homeostasis, by binding to and activating the nuclear receptors (NRs).<sup>1</sup> Testosterone, which is biosynthesized from cholesterol, is converted by  $5\alpha$ -reductase to the more active metabolite,  $5\alpha$ -dihydrotestosterone (DHT), which is considered to play a major role in androgenic signal transduction.<sup>2</sup> Since DHT production aggravates several diseases, including prostate cancer,<sup>3,4</sup> benign prostatic hyperplasia (BPH)<sup>5</sup> and androgenic alopecia,<sup>6,7</sup> several  $5\alpha$ -reductase inhibitors have been developed for the treatment of these disorders.<sup>8–10</sup>

Recently, two types of human  $5\alpha$ -reductases have been identified.<sup>11,12</sup> Type 1  $5\alpha$ -reductase ( $5\alpha$ R-1) is expressed predominantly in liver and sebaceous glands of skin, whereas type 2  $5\alpha$ -reductase ( $5\alpha$ R-2) is found in prostate, seminal vesicles, epididymis, liver, and hair follicles. Interestingly, some human prostate cancer cell lines, DU-145 and LNCaP, express only  $5\alpha$ R-1.<sup>13,14</sup>  $5\alpha$ -Reductase inhibitors down-regulate DHT and suppress prostate cancer cell proliferation.<sup>15</sup> Therefore,  $5\alpha$ R-1 inhibitors may selectively inhibit the growth of prostate tumors.

Steroidal  $5\alpha$ -reductase inhibitors, including finasteride (**1**) and dutasteride (**2**) (Fig. 1), are used clinically to treat BPH.<sup>16,17</sup> However, undesired adverse effects occur



**Figure 1.** Structures of finasteride (**1**) and dutasteride (**2**).

owing to cross-reactivity with other steroid hormone receptors, including progesterone receptor (PR).<sup>18</sup> Moreover, steroidal compounds are rapidly modified by several steroid-metabolizing enzymes. Therefore, development of  $5\alpha$ R-1 inhibitors with a non-steroidal skeleton is expected to be an effective strategy.

In our previous study, we showed that 3,3-diphenylpentane (DPP) derivatives act as ligands of several NRs. Typical examples are shown in Figure 2, that is, a vitamin D receptor (VDR) agonist **3**,<sup>19,20</sup> an androgen receptor (AR) antagonist **4**,<sup>19,20</sup> a farnesoid X receptor (FXR) agonist **5**,<sup>21</sup> and a PR antagonist **6**.<sup>22</sup>

Because natural ligands of these NRs have steroidal (or secosteroidal) structure, it is suggested that the DPP skeleton may act not only as a multi-template for NR ligands, but also as a steroid skeleton substitute that would be recognized by steroid-metabolizing enzymes. In this paper, we report the synthesis of novel  $5\alpha$ R-1 inhibitors developed based on a DPP skeleton.

**Keywords:** 3,3-Diphenylpentane; Steroid;  $5\alpha$ -Reductase; Inhibitor.

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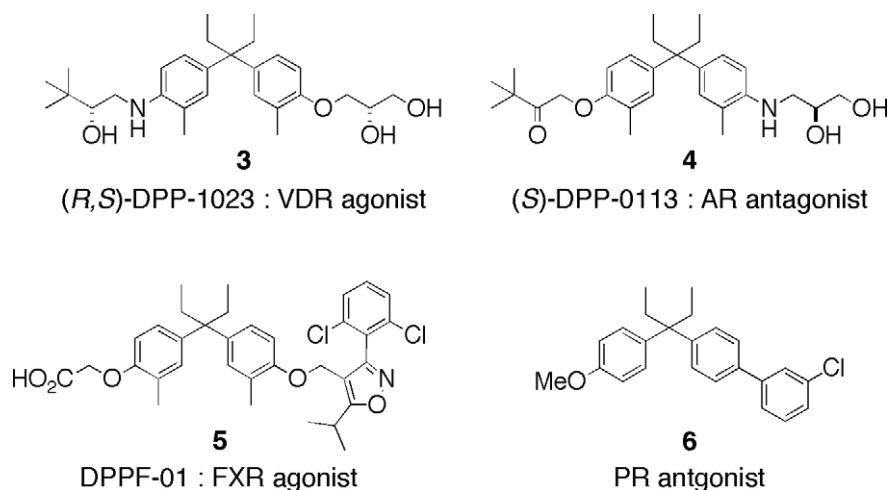


Figure 2. Typical NR ligands with a DPP skeleton.

We designed a candidate lead compound **8a** with a DPP skeleton based on the structure of 4-MA (**7**) (Fig. 3), a potent  $5\alpha$ R-1 inhibitor (at least in vitro), which is structurally related to finasteride (**1**) and dutasteride (**2**).<sup>23</sup> The *N*-methyl-*N*-phenylacetamide moiety of **8a** was chosen as a mimic of the steroid A-ring structure of 4-MA (**7**). The DPP skeleton possessing an amino group was synthesized as previously described (Scheme 1).<sup>19,20</sup>

The inhibitory potency of the prepared compounds toward human  $5\alpha$ R-1 was evaluated by the method described by Picard et al.,<sup>24</sup> except that human prostatic carcinoma LNCaP cells<sup>14</sup> were used instead of human prostatic carcinoma DU 145 cells. Briefly, [ $^{14}$ C]androstenedione ([ $^{14}$ C]A-en) (50 nM) was incu-

bated with LNCaP cells for 18 h, and metabolites were extracted with Et<sub>2</sub>O. The metabolite mixture thus obtained was separated by means of thin layer chromatography (Merck 25 TLC plates silica gel 60 F<sub>254</sub>) with ethyl acetate/hexane (1:1 v/v). The radioactivity of each spot on the plate was measured with a bioimaging analyzer (BAS-2000, Fuji Film, Tokyo, Japan).  $5\alpha$ R-1-inhibitory activity was calculated from the ratio of the radioactivities of starting material ([ $^{14}$ C]A-en) and its reduced metabolite  $5\alpha$ -androstane ([ $^{14}$ C]A-an). The assay was performed in duplicate or triplicate, and the mean values were taken. The experiments were repeated at least two times, and a typical set of data was shown in this paper.

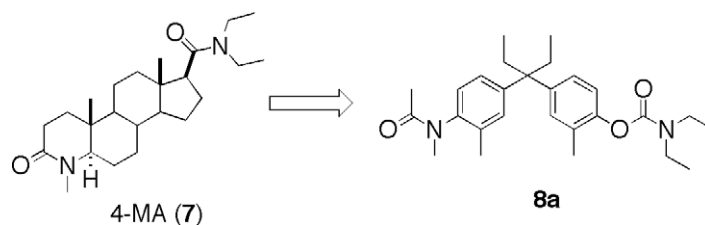
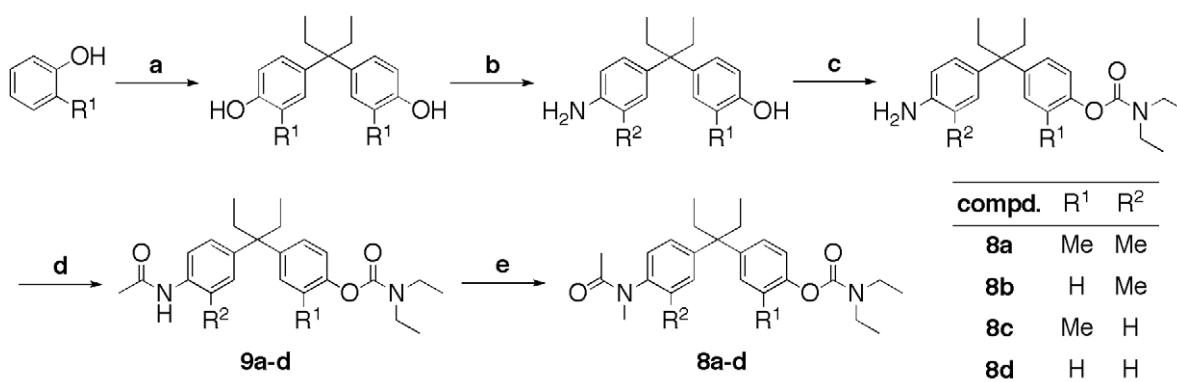
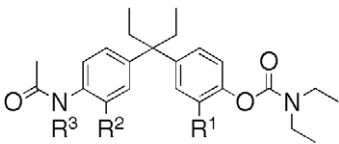


Figure 3. Molecular design of a DPP type  $5\alpha$ R-1 inhibitor.



Scheme 1. Reagents and conditions: (a) 3-pentanone, methanesulfonic acid, 3 d, 36–53%; (b) 2-*R*<sup>2</sup>-aniline, neat, 180 °C, 3 h, 41–85%; (c) NaH, diethylcarbonyl chloride, DMF, 2 h; (d) Ac<sub>2</sub>O, pyridine, CH<sub>2</sub>Cl<sub>2</sub>, 1 h, 44–90% in two steps; (e) NaH, MeI, DMF, 18 h, 75–100%.

**Table 1.** 5 $\alpha$ R-1 inhibitory activity of DPP derivatives


**8a-8d, 9a**

Compound	R <sup>1</sup>	R <sup>2</sup>	R <sup>3</sup>	Inhibition (%) at 10 $\mu$ M
<b>9a</b>	Me	Me	H	17
<b>8a</b>	Me	Me	Me	22
<b>8b</b>	Me	H	Me	56
<b>8c</b>	H	Me	Me	25
<b>8d</b>	H	H	Me	57

In our assay system, the IC<sub>50</sub> value for inhibition of 5 $\alpha$ R-1 activity of finasteride (**1**) was calculated to be 24 nM. This value is consistent with the reported IC<sub>50</sub> value (39 nM) of finasteride (**1**).<sup>24</sup> The designed DPP-based compound **8a** and its synthetic precursor **9a** showed only slight inhibition, 22% and 17% at 10  $\mu$ M, respectively (Table 1).

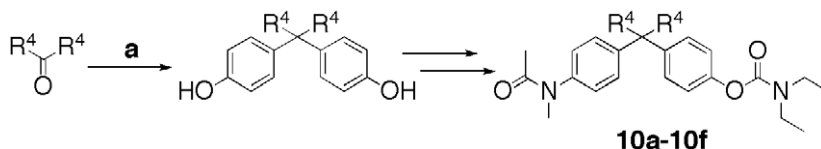
Next, structural modification of **8a** was performed. First, the effect of aromatic methyl substituents, that is, **8a–d**, was analyzed (Scheme 1). As shown in Table 1, **8b** and **8d** showed more potent inhibitory activity (56% and 57%, respectively) than **8a**, indicating that methyl groups on the DPP skeleton are not required. Therefore, further optimization of the structure was performed based on **8d**, and compounds **10a–g** were prepared (Scheme 2).

Table 2 summarizes the structure–activity relationships (SAR) of the **8d** derivatives, **10a–f**. The prepared derivatives possessing dialkyl (**10a, 10b**) or cycloalkyl (**10c–f**) groups were less potent than **8d**. This feature of the SAR is similar to that found for derivatives of VDR ligand (**3**), AR ligand (**4**), and FXR ligand (**5**). The results suggest that the diethyl–diphenyl moiety (i.e., a DPP skeleton) is an appropriate substitute for a steroid skeleton.

Thus, we focused our attention on the synthesis and SAR of the side chain analogs (Scheme 3). The diethyl–arbamoyl group of **8d** was changed to several other substituents as shown in Table 3. Introduction of bulky groups (**11b–c, 11e–f**) resulted in more potent inhibitory activity, as compared with **8d**. On the other hand, groups possessing an additional heteroatom (**11g, 11h**) resulted in weaker inhibitory activity.

Based on these results, more bulky and hydrophobic groups were introduced (Table 3, **11i–l**). The inhibitory activity of these compounds was screened at the lower concentration of 1  $\mu$ M. The chain-elongated derivative, **11i**, showed slightly more potent activity than did **11b**, while the ring-enlarged derivative, **11l**, was less potent. The dibenzylamino derivative, **11k**,<sup>25</sup> showed the most potent inhibitory activity among our compounds, and its IC<sub>50</sub> was 0.84  $\mu$ M, so that it is 11 times more potent than **8d**.

Next, the mode of inhibition of **11k** was analyzed by application of the Hanes–Woolf plot (Table 4). The plot indicated that **11k** inhibits 5 $\alpha$ R-1 in a competitive manner (the two dose–response lines were nearly parallel), as in the case of finasteride (**1**).<sup>26</sup> This result

**Scheme 2.** Reagent and conditions: (a) phenol, methanesulfonic acid, 2–72 h, 31–98%.**Table 2.** SAR of DPX skeleton analogs

	<b>10a</b>	<b>8d</b>	<b>10b</b>	<b>10c</b>	<b>10d</b>	<b>10e</b>	<b>10f</b>
Inhibition (%) at 10 $\mu$ M	16	56	27	16	5	46	25

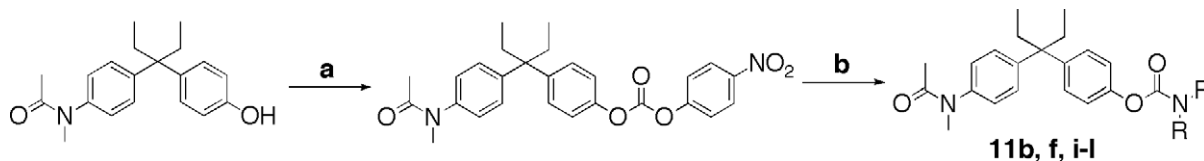
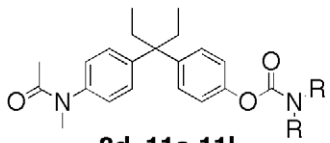
**Scheme 3.** Reagent and conditions: (a) 4-nitrophenylchloroformate, DMAP, DIPEA, THF, 30 min, 94%; (b) NHR<sub>2</sub>, DMF, 1 h, 77–97%.

Table 3. SAR of carbamoyl derivatives



**8d, 11a-11l**







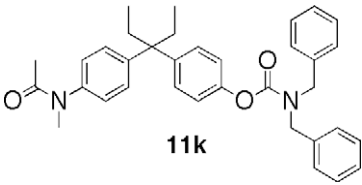
Compound	–NR <sub>2</sub>	Inhibition (%) at 10 μM	Inhibition (%) at 1 μM	IC <sub>50</sub> (μM)
<b>11a</b>	–NMe <sub>2</sub>	29		
<b>8d</b>	–NEt <sub>2</sub>	65		9.2
<b>11b</b>	–N( <i>n</i> -Pr) <sub>2</sub>	77	26	2.9
<b>11c</b>	–N( <i>i</i> -Pr) <sub>2</sub>	72		4.0
<b>11d</b>		57		
<b>11e</b>		68		4.7
<b>11f</b>		70		4.7
<b>11g</b>		15		
<b>11h</b>		17		
<b>11i</b>	–N( <i>n</i> -Bu) <sub>2</sub>		32	
<b>11j</b>	–N( <i>sec</i> -Bu) <sub>2</sub>		22	
<b>11k</b>	–NBn <sub>2</sub>		51	0.84
<b>11l</b>			20	

Table 4. Inhibitory parameters of **11k**


**11k**

	Without inhibitor	With 1 μM <b>11k</b>
<i>V</i> <sub>max</sub> (nM/h)	8.2	13.4
<i>K</i> <sub>m</sub> (nM)	2300	9100

suggests that **11k** is recognized by 5αR-1 as a substrate mimic as expected; that is, the DPP skeleton can act as a steroid skeleton substitute not only for NR ligands, but also for enzymes which recognize steroidal structures.

In summary, we developed novel 5αR-1 inhibitors with a DPP skeleton. Compound **11k** with a dibenzylamino group possessed the most potent inhibitory activity among our derivatives. This is the first example of a compound in which the DPP skeleton can replace a steroid skeleton for target molecules other than NRs, to our knowledge. Further structural development of **11k** and a search for new candidates mimicking other biologically active steroids are in progress.

## Acknowledgments

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- Unpublished data; 3-(4-methoxyphenyl)-3-(4-(3-chlorophenyl)phenyl)pentane (**6**): <sup>1</sup>H NMR (500 MHz, CDCl<sub>3</sub>/δ): 7.56 (t, *J* = 2.1 Hz, 1H), 7.46–7.43 (m, 3H), 7.34 (t, *J* = 7.7 Hz, 1H), 7.28–7.23 (m, 3H), 7.11 (d, *J* = 9.0 Hz, 2H), 6.81 (d, *J* = 9.0 Hz, 2H), 3.79 (s, 3H), 2.11 (q, *J* = 7.3 Hz, 4H), 0.65 (t, *J* = 7.3 Hz, 6H). HRMS (FAB, M<sup>+</sup>) calcd for C<sub>24</sub>H<sub>25</sub>ClO: 364.1594; found: 364.1587.
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